

Hiking Packing list	
✓	ITEMS
✓	Essential Gear
<input type="checkbox"/>	Day pack or Fanny pack
<input type="checkbox"/>	Compass
<input type="checkbox"/>	Map
<input type="checkbox"/>	Water
<input type="checkbox"/>	Water filter
<input type="checkbox"/>	Water-purification tablets
<input type="checkbox"/>	Water bottle(s)
<input type="checkbox"/>	Headlamp or Flashlight
<input type="checkbox"/>	Food
<input type="checkbox"/>	Matches
<input type="checkbox"/>	Backup Fire Starter
<input type="checkbox"/>	First-aid kit
<input type="checkbox"/>	Knife / Multi-purpose Tool
<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Whistle
<input type="checkbox"/>	Insect repellent
<input type="checkbox"/>	Footwear
<input type="checkbox"/>	Boots / shoes adequate for terrain
<input type="checkbox"/>	Gaiters
<input type="checkbox"/>	Extra laces
<input type="checkbox"/>	Hiking socks
<input type="checkbox"/>	Clothing
<input type="checkbox"/>	Convertible nylon pants / shorts
<input type="checkbox"/>	Fleece jacket
<input type="checkbox"/>	Polypropylene underwear (shirt & pants)
<input type="checkbox"/>	Wide-brimmed hat
<input type="checkbox"/>	Long-sleeved shirt
<input type="checkbox"/>	Hooded rain jacket and pants
<input type="checkbox"/>	Gloves
<input type="checkbox"/>	Accessories
<input type="checkbox"/>	Keys & I.D.
<input type="checkbox"/>	Money
<input type="checkbox"/>	100-foot nylon cord
<input type="checkbox"/>	Plastic garbage bags
<input type="checkbox"/>	Resealable plastic bags
<input type="checkbox"/>	Toilet paper
<input type="checkbox"/>	Hiking Poles
<input type="checkbox"/>	Lip balm (with sunscreen)
<input type="checkbox"/>	Repair / sewing kit
<input type="checkbox"/>	Pencil and paper
<input type="checkbox"/>	Bandanna
<input type="checkbox"/>	Watch
<input type="checkbox"/>	Gadgets & Extras
<input type="checkbox"/>	Cellphone
<input type="checkbox"/>	Camera and film
<input type="checkbox"/>	Ipod
<input type="checkbox"/>	Binoculars
<input type="checkbox"/>	GPS
<input type="checkbox"/>	Weather radio
<input type="checkbox"/>	Field guides
<input type="checkbox"/>	Hiking Books